



# October 2024

## A Month to Believe in Magic!

Add some positivity, inspiration, and joy into your life!



1 

Make a commitment to get rid of fear for just this month.

2 


Today is the new moon... Plan today how to love & embrace your dark side.

3 *Treat yourself.*  
*Do something just for you today!*



4 

Be real. Don't feign happiness. Today, give yourself permission to be human.

5 

Expand your wisdom today. Read a book that uplifts your spirit!

6 

It's okay to show anger. Fly off the handle if you want!

7 

If worried, take 3 deep breaths. Remember: no situation is too grave.

8 

Don't get tangled in drama today.

9 

Put your best BIG foot forward today!

10 

Get rid of the boredom. Do something out of the ordinary for you!

11 

Don't forget you have power! Cast your spells for good today!

12 

Be your OWN mummy today. Love that little child inside!

13 

Declutter something today. Sweep out something that doesn't lift you up.

14 

Today, reach out to someone you haven't connected with in awhile.

15 

No secrets. Let the skeletin — or whatever you're hiding — come out of the closet.

16 *Do something totally bats#!t crazy today!*



17 

Get outside for a walk today. Nature is magical!

18 

Forgive someone today.

19 

Drink in only positive things today!

20 

Avoid any and all pack mentality today. Think for yourself!

21 

Avoid people who suck your energy today!

22 

Don't let others kill your vibe. BE YOU!

23 

Just for today, stop worrying about the future.

24 *AUUUUU* 


Appreciate someone today. Howl their praises!

25 

Give yourself a big "ATTA GHOUL!" today!

26 

Get rid of anything poisoning your happiness.

27 

Put on the hat and remind them who they are dealing with.

28 

Today is the full moon... shine on people today!

29 

Share one of your best crypt secrets with a close friend.

30 

Take a cat nap! Sometimes you just have to slow down and rest!

31 

Today, shine your light and lift someone up. Tell them how grateful you are for them.

### A Month to Focus on Hope... Not Fear!

